



**THIRD SUNDAY IN  
LENT  
March 7, 2010**

**Pastoral Ponderings.....  
Fasting for Spiritual Strength**

**Schedule of Masses**

Monday	<b>St. John of God</b>	
	7:00 a.m.	+Lorny Heinz
Tuesday	<b>St. Frances of Rome</b>	
	7:00 a.m.	+Kathryn Kline
Wednesday	7:00 a.m.	Priests, Religious, Deacons, Seminarians
	12:10 p.m.	+Ruby Mohs
Thursday	7:00 a.m.	+Mercedes Volk
Friday	7:00 a.m.	Int. Donna Ashdown
Saturday	8:15 a.m.	Int. Sr. Virginia Calmus

**Fourth Sunday of Lent**

Saturday	5:00 p.m.	+Patrick Peterson
Sunday	7:30 a.m.	+Alfanus Malsam
	9:30 a.m.	+Marie Schumacher
	11:30 a.m.	For our Parish

**LECTORS AND EUCHARISTIC MINISTERS**

For the weekend of Mar. 13<sup>th</sup> and Mar. 14<sup>th</sup>

Saturday 5:00 pm	Gene Schiller	See Schedule
Sunday 7:30 am	Donna Ryman	See Schedule
Sunday 9:30 a.m.	Monica Hale	See Schedule
Sunday 11:30 a.m.	Georgia Fossum	See Schedule

**ALTAR SERVERS**

For the weekend of Mar. 13<sup>th</sup> and Mar. 14<sup>th</sup>

Saturday 5:00 p.m.	Shawn/Adam Goetz, Kelsey Gaulrapp
Sunday 7:30 a.m.	Mallorie/Conner Mattern, Isaac Norton
9:30 a.m.	Natalie/Spencer Malsom, Rayce Simes
11:30 a.m.	Daniel/Thomas Gallagher, Abigail Dockter

**GREETERS**

For the weekend of Mar. 13<sup>th</sup> and Mar. 14<sup>th</sup>

Saturday 5:00 pm	Lawrence/Evelyn Kaven, Frances Gab, Annette Feiock
Sunday 7:30 am	Rich Eschenbaum, Grace Norton, Craig Clinton
9:30 am	Brian/Marcy Schumacher, Dennis Lewno John/Marcella Thomas
11:30 am.	Helenmae Hammrich, Angie Walth, Anita Miller

**VAN DRIVER THIS WEEK**

Sun., Mar. 14<sup>th</sup> Adolph Renner – 225-3052

**Traveling Icon for Vocations.** Walter Blosssey will have the icon Mar. 7<sup>th</sup> - Mar. 13<sup>th</sup>. Kathy Lovaas will have the icon Mar. 14<sup>th</sup> - 20<sup>th</sup>.



The physical benefits of fasting have been widely reported by the media. From ridding the body of harmful toxins to improving mental clarity, increasing energy levels, and revitalizing the digestive system, it appears there are plenty of reasons to consider fasting beneficial to our health. What are not as widely reported in today's society are the spiritual benefits of fasting.

Fasting is considered an integral part of the major religions including *Christianity, Judaism and Islam*. The Scriptures are filled with examples of fasting where the rewards sought and attained were spiritual. Jesus fasted forty days in the desert; Moses fasted before receiving God's commandments; Elijah fasted before meeting the Lord on Mount Horeb; Paul's ministry began after a period of praying and fasting, and the disciples were encouraged to fast when he was no longer with them.

Fasting is said to be the greatest spiritual discipline for those seeking God's intervention. Combined with prayer, it provides spiritual strength and deliverance in our lives. Fasting can be a means of intense spiritual training that helps us to hear God's call and walk in his path. Christian tradition also teaches us that fasting is a great help to avoid sin.

Lent recalls the forty days of our Lord's fasting in the desert in preparation for his public ministry. Through prayer and fasting the Son of God prepared himself for the mission that lay before him. During Lent, prayer, fasting, and almsgiving prepares Christians to better celebrate the Passion, Death and Resurrection of the Lord. And it is truly the complete opposite of what we see and hear in this society during the season of Lent, where prayer is hardly mentioned and consumption is glorified with Easter portrayed in the media as just another shopping holiday.

In his Lent message in 2009 Pope Benedict XVI said, "At the same time, fasting is an aid to open our eyes to the situation in which so many of our brothers and sisters live. In his First Letter, St. John admonishes: "If anyone has the world's goods and sees his brother in need, yet shuts up his bowels of compassion from him – how does the love of God abide in him?" Voluntary fasting enables us to grow in the spirit of the Good Samaritan, who bends low and goes to the help of his suffering brother (Encyclical *Deus caritas*). By freely embracing an act of self-denial for the sake of another, we make a statement that our brother or sister in need is not a stranger. It is precisely to keep alive this welcoming and attentive attitude towards our brothers and sisters that I encourage the parishes and every other community to intensify in Lent the custom of private and communal fasts, joined to the reading of the Word of God, prayer and almsgiving." The Pope added that "Fasting is a spiritual practice that needs to be rediscovered and encouraged again in our day, especially during the liturgical season of Lent."

Fr. Edward Pierce

## STEWARDSHIP

Last Week's Collection	\$13,444.51
Youth envelopes	\$74.70
CFSA Pledged	\$46,779.00
CFSA Paid	\$38,726.00
Geo-Thermal	<b>\$467,581.35</b>
Amount paid	\$409,615.18

We took in **\$415.00** last week. Thus far during the *Crusade* we have collected **\$122,127.83**.

We started our *Crusade* at \$898,652.00. As the campaign slows down we are losing a bit of ground each month as our interest payments exceed what we take in. Our debt as of 2/26/2010 *is up* to 774,285.91, and our per day interest **rose** to \$116.67.

## THIS WEEK IN OUR PARISH

### Sunday, March 7

Men's Lenten Retreat from 1-5 p.m. Deacon Harold Burke Stivers will be the speaker.

Women's Lenten Retreat 1-5 p.m. in the school library.

### Monday, March 8

General Altar Society Mtg. 7:00 p.m. in the parish hall

Bible Study w/Deacon Kelley 5:30-6:30pm; parish hall

### Tuesday, March 9

RCIA in Religious Ed Office 6:30-8:30

Neighborhood meeting – 7:00 p.m. in the parish hall

### Wednesday, March 10

CCD/regular classes Reconciliation & prayer checks 3 & 4

Grief Support 6:30-8:30; Bridal Room

### Thursday, March 11

Band 8: 7:00 p.m. in the parish hall

### Friday, March 12

Stations of the Cross – 12:10 pm & 7pm

KC Fish Fry at 5:00 in the parish hall

### Saturday, March 13

First Communion retreat in the parish hall beginning at 9 a.m.

Church Cleaning, Sat. Mar. 20<sup>th</sup> after the 8:15 a.m. Mass. Come one Come all!! Bring your buckets, rags, and cleaning supplies! Men, women and children are all welcome to help make Sacred Heart shine from top to bottom. Mark your calendar to come and help out!!

## Family Faith Formation – MAR. 7<sup>TH</sup>

Theme: Lent calls us to conversion.

Listen to the Word: As you hear this reading, what words or phrases strike you? What in this reading touches your heart? What lingers in your memory?

Question for Children: God wants your faith to result in good living. What steps can you take during Lent to make sure that happens?

Question for Youth: What needs changing in your life right now? How will you invite God into that change?

Question for Adults: What steps are you taking this Lent to make sure that your faith bears fruit in good works?

## RONCALLI ( this week)

Mon. Mar 8 All in God's Plan – 6:30 p.m. - RE

Tues. Mar 9 BBB Region at Groton – 7:00 p.m.

Wed. Mar 10 RE Mass – 12:10 p.m. – Sacred Heart

ACSS School Board Mtg. – 3:30 p.m. RHS

Home and School Mtg. – 7:00 p.m. - RP

Thu. Mar 11 RP Mass – 12:10 p.m. – St. Mary's

GBB State at Aberdeen

Fri. Mar.12 RHS Mass – 9:30 a.m.

RE Stations of the Cross at SH – 12:10 p.m.

GBB State at Aberdeen

End of 3<sup>rd</sup> quarter

Sat: Mar.13: GBB State at Aberdeen

Roncalli High School is looking for a temporary asst. cook until the end of the school year. If interested, please contact Vickie at 605-226-1066 or [vickie.haiar@aberdeenroncalli.org](mailto:vickie.haiar@aberdeenroncalli.org) for application or go to [www.aberdeenroncalli.org](http://www.aberdeenroncalli.org), complete uncertified staff application, and send to 1400 North Dakota Street, Aberdeen, SD 57401.

Aberdeen Catholic School System is accepting applications from highly qualified candidates for the position of President/Lead Administrator. The ACSS offers a competitive salary and benefits. Candidates should have an understanding of and desire to further the mission of the schools: "Instilling Catholic values and promoting academic excellence by nurturing mind, body and soul." For job descriptions/application contact Vickie at 1400 N. Dak. St., Aber., SD 57401; (605) 226-2100; [www.aberdeenroncalli.org](http://www.aberdeenroncalli.org) [Vickie.haiar@aberdeenroncalli.org](mailto:Vickie.haiar@aberdeenroncalli.org).

Roncalli School Financial Aid Applications for the 2010-2011 School year **ARE TO BE COMPLETED BY MAR. 26, 2010**. Applications are to be done online at [www.factstuitionaid.com](http://www.factstuitionaid.com). Scholarship and work grant applications can be found on our web page at [www.aberdeenroncalli.org](http://www.aberdeenroncalli.org). Call Vickie Haiar at 226-2100 if you have any questions or need further information.

**Sacred Heart Parish St. Patrick's 'Erin Go Braugh' Dinner and Party to be held on Tues., Mar. 16<sup>th</sup>**. A traditional Irish dinner will be served beginning at 6:00 pm in the parish hall of Sacred Heart Church, Aberdeen. Following the dinner there will be a children/youth costume contest, skits, music, jokes, sharing of Irish history and St. Patrick, Irish toast contest, door prizes, and a special performance by the Aberdeen Fire Department Bagpipers. No admission charge, but a free will offering will be accepted. Please RSVP by calling the parish office at 225-7065 Monday-Friday, 8:30am-4:30pm. There will truly be something for everyone! All are welcome – even if you're not Irish!

**Sacred Heart Lenten Music and Meditation Retreat on Friday, March 19<sup>th</sup> following the KC Fish Fry and 7:00 pm Stations of the Cross.** We will begin with the Chaplet of Divine Mercy. Plan to stay for personal prayer and meditation as musicians offer songs of praise, share scripture, and offer contemplative thoughts. For more information, contact Charlene Blondo at 225-7065 or [cblondo@parishmail.com](mailto:cblondo@parishmail.com)

**PERPETUAL EUCHARISTIC ADORATION:** Lent is a wonderful season to commit more time to prayer. A beautiful place is available in front of the Blessed Sacrament exposed 24/7 at Avera St. Luke's Chapel. Open hours are: 7-8 a.m. Sundays, 11-12 p.m. Mondays, 11-12 p.m. Fridays, 5-6 p.m. Saturdays. Please call Theresa Russell 226-0838 or Mary Mohr 225-6001.

### **WE AS A COMMUNITY:**

**Welcome** into the Body of Christ Zachary Joseph, son of Cody and Krista Bau, who was initiated into the Christian Mystery through Baptism on February 28<sup>th</sup>.

**ENTHRONEMENT PACKETS** are available in the parish office for a \$10 donation.

All that is asked of us from You, Jesus, is that we love one another as You have loved us. The more I share my heart, my life, my love, the fuller I become. Thank you God!

### **SUPPORT AND HELP**

**Project Rachel** is for women and men who suffer from the pain of previous abortions. Call 1-800-700-7867.

**Natural Family Planning Classes:** Learn more about a way of responsible parenthood that is supported by the Catholic Church. Call 226-2232 or Sacred Heart at 225-7065.

**Annulments:** A possible 2<sup>nd</sup> chance for marriage in the Catholic Church. For more info, call Sacred Heart 225-7065.

**Catholic Family Services:** Call 226-1304.

**Marriage Encounter:** to make a good marriage better!

Web site is [www.wme.org](http://www.wme.org) or call 362-0924.

**Retrouvaille:** Help for hurting marriages. Call 988-3763 or 988-3776 or [2021@retrouvaille.org](mailto:2021@retrouvaille.org) for more information.

**Pregnant? Alone? Afraid?:** Call BIRTHRIGHT at 229-0258 or toll-free 1-800-550-4900.

**Aberdeen Right to Life:** On the 1<sup>st</sup> Thu. of each month at 7:00 p.m. in the basement of the Brown County Courthouse. Marilyn Wachs 226-2232 or Joan Hartung 226-0153.

### **INTER-PARISH**

**Family Rosary** – Tue., Mar. 9<sup>th</sup> at 7:00 pm—at Sacred Heart.

### **RONCALLI NEARLY NEW:**

Our bag sale starts March 9<sup>th</sup>. Fill a bag with clothing, accessories, shoes, bedding and curtains. *Roncalli Nearly New* is open Tues., Wed., Thurs., and Sat from 12-4 p.m. at 220 N Main. Your support and donations are appreciated.

### **TOUR OF TABLES!! Sunday, April 25**

It isn't too late to become one of this year's Hostesses for the Tour of Tables!!! This is a wonderful event and you don't have to be in a Band to get involved. A hostess will pick a theme to decorate her table by and invite 5 other ladies to be her guests. The cost is \$10 a person and the money raised will be used to help in the continuing efforts to renovate the Sacred Heart Rectory. Some ladies will recruit a friend to help serve as a co-hostesses. Call Kala Heller to reserve your table. Carmen Meyer will be our featured speaker this year. Her talk is titled "Celebrating Life's Challenges".

Thanks to everyone who was praying for our Lenten LOTW retreat. Praise be to the Holy Trinity who blessed everyone at the retreat with many, many gifts!

Make plans to attend the 31<sup>st</sup> annual **Roncalli Ball** 'A Night in Morocco' on Saturday, March 27 at the Ramkota Hotel.

Don't miss your chance to win a 4-day cruise to the Bahamas! You'll be able to bid on a number of fantastic live and silent auction items & dance the night away to the music of Power Play.

Join us as we celebrate the Aberdeen Catholic School System. You will dine on worldly cuisine, discover luxurious treasures and there will be plenty of spirit, dancing and merriment! Call 226-2100 today to buy tickets – we will see you there!

Looking for a little something extra to continue to grow and come closer to God this Lenten Season?? **Mark your calendars and plan to attend a mini retreat, Wed. , Mar. 17th 7-9 pm at St. Mary's Parish Hall.** Come and learn about & experience a process of self-discovery called PRH, an acronym translated from French, Personality and Human Relations. Bring yourself and a pen. NO charge! Call Margaret at 225-7639 to register.

### **Live the world hunger experience first hand.**

Join us on Sunday, March 28th where you will be our guests at a Hunger Banquet. Whether you are a first, second, or third world guest, you will dine on a meal depicting that area. First World guests will feast on a Prime Rib meal with all the trimmings prepared by Jim Campbell and crew! Sue Pfeiffer will speak briefly on her upcoming mission trip to Haiti. A great Lenten experience for you and your family! Mark your calendars and plan to attend. Serving at 5:30 Sharp. St. Mary's Parish Hall. All are welcome.

### **NEED A NEAT TREAT? RETREAT-RETREAT -**

Another great chance to make a four hour retreat at St Mary's Hall, March 13th from 1 to 5 p.m. Patty Fuegen will be the presenter. No charge but a free-will offering will be taken. A wonderful way to spend a Lenten Saturday. This is being sponsored by The Catholic Daughters of the Americas.

### **READINGS FOR THE WEEK**

Mon. 2Kngs 5:1-15b Pss 42:2-3;43:3-4 Lk 4:24-30  
Pray for all newborn children.  
Tue. Dn 3:25,34-43 Ps 25:4-5b,6,7bc,8-9 Mt 18:21-35  
Pray for all women in religious life.  
Wed. Dt 4:1,5-9 Ps 147:12-13,15-16,19-20 Mt 5:17-19  
Pray for the poor and homeless.  
Thur. Jer 7:23-28 Ps 95:1-2,6-9 Lk 11:14-23  
Pray for the children in Sunday School.  
Fri. Hos 14:2-10 Ps 81:6c-11b,14,17 Mk 12:28-34  
Pray for all expectant parents.  
Sat. Hos 6:1-6 Ps 51:3-4,18-21b Lk 18:9-14  
Pray for an end to abortion  
*Sun.* Jos 5:9a,10-12 Ps 34:2-7 2 Cor 5:17-21  
Lk 15:1-3,11-32, Ps 231-6, Eph 5:8-14 Jn 9:1-41  
Pray for RCIA Candidates and Catechumens